



SISSEL® Balls with SECUREMAX® System offer you enhanced application safety.

The SISSEL® Securemax® is designed for use in sports, play and therapy and all areas with an increased awareness for quality and safety. **Use in rehabilitation, post-operative situations, in case of ailments of the spine or by patients with lack of compliance is permissible only under the supervision of qualified professional personnel.** The special feature of the SECUREMAX® System is the quality of the material used. This prevents the ball from bursting in case of sudden, localized damages (e.g. due to sharp objects). In these cases the air escapes slowly, leaving sufficient time to react and the risk of accidents is reduced. The following points and directions for use must be strictly followed in order to ensure that the features of the SECUREMAX® Ball are used effectively and to guarantee safety during its application.

This is how to prepare the ball the best way:

- Prior to inflation spread ball and allow to adapt to the room temperature for at least 24 hours, which reduces the risk of overstretching. Ideally room temperature should not be below 23° Celcius (74° F). Sufficient warming eases inflation and reduces the risk of bursting.
- Inflate in several stages up to 80 % of the prescribed ball diameter (please use the enclosed measuring tape). For doing so, the best way is to use a special hand pump (optional accessory) or a bellows pump.
- Inflate the ball step by step if you are using a compressor so that the material is not stretched suddenly.
- Let the ball remain as it is for at least 2 hours. The special material needs a bit more time to adapt to the inflation and to the internal pressure. Inflate till the desired size (please also use the measuring tape for this) and hardness is attained.
- Do not exceed the prescribed ball diameter. Due to the special material used, the ball may be slightly hard to touch in the beginning or may still have slight creases. This is absolutely normal and subsides after a short while.
- Let the SECUREMAX® Ball remain as it is for 24 hours at room temperature prior to its first use after it has been finally inflated.
- **Note:** In general, exercise balls slowly lose air. The diameter decreases by 2-3 cm per month. This is normal and does not indicate malfunction.
- **Important:** The plug must be inserted all the way into the exercise ball. To pull the plug, please use the complimentary plug lifter.

Safety instructions:

- Keep the exercise area free from pointed and sharp objects and edges.
- Ensure the flawlessness of the balls surface.
- Keep the ball away from hot objects or other sources of heat.
- Ball should not be exposed to lacquered or coated surfaces.
- Do not expose to direct sunlight.
- Avoid very difficult exercises or experiments involving increased risk.

General:

- The shape of the ball may change slightly while in use. After use, it takes a short while for the ball to regain its original shape.
- The ball can be wiped clean with a moist cloth. Subsequently rub dry.
- Ball may be filled with air only.
- Do not repair damaged balls.
- The Securemax® Ball is pressure resistant of up to 500 kg. Burst proof for a user weight of up to 150 kg.
- The balls are made of PVC (phthalate-free) and can be disinfected with commercially available disinfectants.
- Exercise balls meet the requirements of the EU Directive No. 178/2002.

Important information, please note:

SISSEL® Balls are produced with CITROFOL® BII, a PVC softener based on renewable resources. CITROFOL® is an excellent alternative for products with high standards. These are products for which the use of standard softeners (phthalates) is either prohibited or not advisable. This is why your new ball might smell of vinegar or vinegar cleaner (instead of "chemical") but this will evaporate completely after a few days.